

ISOLATERAL SUPER INCLINE PRESS

JPL-102

◆ The Isolateral Super Incline Press is designed to target and strengthen the upper chest muscles in an isolated manner. This machine features an inclined pressing angle to place greater emphasis on the upper portion of the chest allowing for balanced muscle development and addressing any strength imbalances.

◆ **DIMENSION:**
Length : 56 inches / 142 cms
Width : 64 inches / 163 cms
Height : 63 inches / 160 cms

◆ **MUSCLE WORKED:**
Pectoralis Major
Anterior Deltoid
Triceps Brachii

